

# SURVIVORSHIP SERIES

HOSTED BY INTERMOUNTAIN CANCER SERVICES

## ► WHAT IS THE SURVIVORSHIP SERIES?

The Survivorship Series is a series of classes for cancer patients and their families providing information addressing the many issues surrounding the experience of cancer.

## ► WHEN ARE THE CLASSES HELD?

You and your family may choose to come to any of the classes listed below. You do not need to attend all of them. Classes will be held from 6:30 to 8 p.m. Please, no children under 16 years of age. Light refreshments will be served.

- **Thursday, February 19:** Taking Charge of Your Cancer & Communication  
*Presented by: Jannette Yorgason, CNM, FNP; and Kristie Latimer, CSW*
- **Thursday, February 26:** Insurance, Financial and Employment Issues  
*Presented by: Malece Marston, Eligibility Specialist; and Jeff Lowder, MS, Assistant VP of Human Resources*
- **Thursday, March 5:** Symptom Management  
*Presented by: Jane MacPherson, MD*
- **Thursday, March 12:** Planning for the Future  
*Presented by: Helen Rollins, RN*
- **Thursday, March 19:** Emotional and Sexuality Issues  
*Presented by: Valerie Lambert, LCSW*
- **Wednesday, March 26:** Pain Management  
*Presented by: Jane MacPherson, MD*
- **Thursday, April 2:** Diet and Exercise  
*Presented by: Jennifer Girtten, OTR/L, CLT, LANA*

## ► WHERE ARE THE CLASSES HELD?

- Jon and Karen Huntsman Cancer Center at Intermountain Medical Center, Second Floor Conference Room (5121 South Cottonwood Street, Murray)

## ► HOW DO I SIGN UP?

To register for any of the *free* Survivorship Series classes, please call Jessica at 507-3800.